



## How to wash your hands

This video helps make the proper handwashing technique more memorable for little hands. So wet those hands and apply some soap!

It's time for my big song!

Rub the palms – one, two

Rub the knuckles – one, two

Rub the insides of your fingers

And the back of them too.

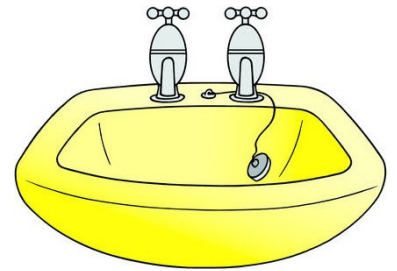
Rub the thumbs – one, two

And the nails – one, two

Now time to rinse

Happy clean hands for you!

## Video zone



Watch this video <https://learnenglishkids.britishcouncil.org/video-zone/how-wash-your-hands>